The Happiness Laboratory at the Community Foundation of Grant County, Indiana, Inc.
I bet you didn’t know that Grant County was home to a Happiness Laboratory. It’s true! Right here in the center of Grant County you’ll find the Community Foundation—we’ve been delivering happiness since 1984. Just like any other laboratory, we’re equipped to study, test, and analyze a beautiful scientific specimen: local charitable giving. Our hypothesis was simple. Based on their personal experiences, our founders surmised that when people give, they’re happier!

It’s not rocket science, but it is science—The Science of Happiness. A litany of in-depth studies have been conducted by actual doctors, so you know it’s legit. We like to picture them in starched white lab coats looking at serotonin under a microscope, for dramatic effect. Of course, that’s not how it actually looks, but it doesn’t make the findings any less fascinating. Get this...scientists believe that it’s possible to reach total happiness. Total happiness! Dr. Paul Dolan, author of Happiness by Design: Finding Pleasure and Purpose in Everyday Life, addresses this total happiness theory in what he calls the Pleasure-Purpose Principle (PPP).

The solution, both in the laboratory and in achieving total happiness, is one-part joy and one-part meaning. As far as scientific experiments go, this one sounds relatively simple. Dolan says, ‘If happiness were only about pleasure, what would be the point of having kids or helping others? To be truly happy, we need feelings of purpose, too.’

Maximizing happiness, that’s a cool concept isn’t it? Using the Pleasure-Purpose Principle (PPP) we create customized solutions that are deeply meaningful to each individual donor. These charitable solutions combine the two basic elements of generosity and grantmaking to create what scientists would equate to a chemical reaction—a change in energy that we witness in the Happiness Laboratory daily. We do this by opening endowed funds established through generous donations. Then those endowments make grants that will support the charitable organization, or cause, that means the most to the donor. It’s like philanthropic dopamine that lasts forever—and that makes us all happy.
Research showed that the Cleveland Foundation, the first of its kind in the U.S., started in 1914, was thriving. In 1976, the U.S. Treasury Department approved the public charity status of community foundations and they were off and running. With a handful of other Indiana counties testing the community foundation concept, it was decided that Grant County would put this theory into practice.

In 1984, when the Happiness Laboratory (AKA the Community Foundation of Grant County), was founded, some super smart local leaders (happiness scientists well before their time) asked themselves this question: Could a small community like ours grow a charitable endowment big enough to make grants in the amount of $1 million annually? Clearly a bold question in need of a bold answer!

The original philanthropic experimenters knew that the basis of a charitable community foundation was sound. But, they took it a step further. Their logic model assumed two things: (1) if giving makes you happy, then (2) local giving would maximize your happiness! So, they hypothesized that a Grant County-based community foundation would be supported by local donors who wanted to give today in order to build an endowment that would support Grant County tomorrow…or, as Space Ranger Astronaut Buzz Lightyear would say, ‘To Infinity and Beyond’.

As every pocket-protecting scientist knows, experimentation is the fun part. With a team of volunteers running the lab, the first gift of $40,000 was received from the Gannett Foundation. This led to the hiring of an executive director, followed shortly thereafter by donors opening endowment funds and making grants to local charities. The Happiness Laboratory was officially open for business.

Scientists love data! Happy, charitable, community-building scientists are no different. Through the years we’ve tracked donations, donors, funds, and grants; each year watching the new numbers supersede the past numbers. In time, the results were in—donors liked giving locally. Additionally, Grant County being named the 3rd Most Generous County in the State of Indiana, as documented by Giving USA, has allowed us to establish a permanent endowment and provide sustainability to our operations. This means that we no longer need to ask you, our donors, to support our operations. Instead, we encourage you to contribute to Grant County’s endowment by donating to one of our 400+ charitable funds at the Community Foundation to support increased grantmaking for the rest of time.

We initially asked ourselves, “Could a small community like ours grow a charitable endowment big enough to make grants in the amount of $1 million annually?” It could, and it did. While it took some time to mature, we did it. The endowment has grown to over $23 million and each year since 2014 we’ve made grants of at least $1 million annually—last year the total was $1.5 million.

Eureka! That’s a sciency code word that means joy or satisfaction when someone has a triumphant discovery. We really should use it more often.
The Science of Giving to a Community Foundation

Seriously, Dr. Paul Dolan… seriously? How is it possible that you ‘discovered’ the Pleasure-Purpose Principle (PPP) before we did? After all, the Community Foundation of Grant County has been doing this type of work for decades! Here in the Happiness Laboratory, we’ve mastered Dolan’s Pleasure-Purpose Principle (PPP). Although it might seem complex, it doesn’t involve mad science; it’s more like glad science! See what we did there? All of the scientists at the Happiness Laboratory have experienced this phenomenon personally. It’s highly rewarding working with others to leverage this long-standing relationship between generosity and happiness. Let’s explain how it all works.

The first required element is Generosity (AW2). We get to work with the most generous people in our community. The Most Generous People. There’s nothing quite like a donor with passion. They come in and tell us about someone who once helped them, what they love, how they’d like to impact the world today, and how they’d like to leave an impact for tomorrow. Since we are a qualified non-profit charity, coming to the Community Foundation allows donors to give tax-deductible donations or maybe even establish an endowed fund. But, if that’s where the work stopped, we wouldn’t be much different than a bank—and the Happiness Laboratory is so much more!

Add in the element of Making Grants (oMG) and you get a real Diet Coke and Mentos kind of energy. It’s powerful! It’s as if the initial Generosity (AW2) is potential energy, energy being stored or saved. But, when added to Making Grants (oMG), you get kinetic energy that puts the initial Generosity (AW2) into motion, doing the work the donor had always intended. Non-profits, charities, scholars, and worthy recipients across Grant County benefit directly when the pleasure of being Generous (AW2) is combined with the purpose of Making Grants (oMG). At the Happiness Laboratory, it’s our job to experiment with (AW2) and (oMG), which is why we absolutely love coming to work every day.

The Community Foundation of Grant County offers 400+ charitable funds serving a variety of causes in our community for you to choose from; one of our award-worthy lab experiments is the Community Impact Fund. We Make Grants (oMG) from this fund to the current most pressing needs in Grant County. So, as the needs change in our community, we can alter the grantmaking to ensure your generous donation is invested into the areas that need it most. Our biggest need ten years from now will be different than it is today—and thanks to the Generosity (AW2) of those who have supported the Community Impact Fund, we’ll be ready. And now, for a limited time, all gifts to the Community Impact Fund will be matched with $2 for every $1 donated! So, call us to find out how to triple your donation.

But, wait there’s more! We actually have another secret element that we use in the lab, one that separates us from every other non-profit organization out there. We call it the Element of Surprise (AHA), but it’s really more of a solid community foundation strategy. You see, the original Generosity (AW2) given to us, is never spent; instead, it’s endowed forever. This allows us to take those endowed gifts and permanently invest them to grow over time. And, a portion of that very growth is how we are able to Make Grants (oMG) annually, forever. That friends, is the science of giving to a community foundation.

![IMPACT ELEMENTS]

<table>
<thead>
<tr>
<th>oMG</th>
<th>Making Grants</th>
</tr>
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<tr>
<td>AW2</td>
<td>Generosity</td>
</tr>
<tr>
<td>AHA</td>
<td>Surprise</td>
</tr>
</tbody>
</table>

"These are a few of my favorite impact elements."

—Emily C. Squared
Love Where You Live

Living, Giving, Laughing, and Growing. If you love where you live, you’re doing each of these to the fullest. And chances are, you’re probably pretty happy! If you work at the Community Foundation, home of the Happiness Laboratory, it’s part of the job description. In the following Live, Give, Laugh, and Grow sections, we’d like to help you better understand how you can thrive in all four areas, right here where you’ve been planted, in Grant County, Indiana.

First and foremost, we truly don’t want to get all sappy about happy. We get it. Science proves it. No one can be happy all the time. Oscar the Grouch, Grumpy Cat, and Eeyore are three classic examples of this, but we love them anyway. In a way, it makes us instantly happier to know that we aren’t expected to be happy every day. It’s simply not realistic. But, scientific studies tell us that we can learn the skills needed to bounce back from those life events that get us down. It’s the power of resilience. We understand that we’ll all still have to deal with road rage, bills, insects, and wedgies—and likely a few other life events that are much more traumatic, like the death of a loved one, depression, or loss of a job. Thankfully, scientists have learned that resilience is a tool that will help us get through these roadblocks. Furthermore, their data says that resilience isn’t part of our DNA, but can be learned by each and every one of us. We think it’s a skill worth practicing. one that helps us bend when we think we might break. Using tools like resilience to control how we act and react when ‘life happens’ helps move us to a happier state of mind.

Look at Grant County, as an example. Have you ever thought about how resilient our county has been through the documented history of our many ups and downs? As important as our history is, it does not dictate our future. That’s why it’s crucial that we love where we live, or at least respect it enough to change our community’s narrative.

You’ve all heard about this negative narrative that Marion and Grant County seem to have. Whether passed down from generation to generation, implanted deep into our psyche, or conjured up from a personal experience at the local watering hole, a negative narrative does exist. But, wouldn’t you agree that it’s less likely for happy people to spread negative or false narratives? We would. The good news is that you’ll find you have everything you need to be happier, right here in Grant County, Indiana. Adopting a Happiness Strategy can help.

A Happiness Strategy that Works

Part of the Community Foundation’s business model is to be a Community Leader (CL). With our mission to connect people who care with causes that matter, our work supports the Science of Happiness that will help us rewrite our narrative to one that’s more current and accurate.

Dr. Paul Dolan, author of Happiness by Design: Finding Pleasure and Purpose in Everyday Life, obviously believes you can love where you live. You don’t have to read past the title of his book to know so. As a Community Leader (CL), we can help you get involved with activities that Dolan claims will give you good vibes, positive mojo, and the all-around warm fuzzies achieved by adding purpose to your pleasure—through charitable giving, helping others, and volunteerism.

How to practice: “There are countless opportunities to practice giving back every day. Give blood. Volunteer your time. Donate items you no longer use. Do something kind for an elderly neighbor. Look around, and you might be surprised to see how many ways there are to give back—and how much you have to give.” —Live Happy Magazine, Paula Felps

Stable role models can help you, too. Role models are everywhere. Don’t have one? Find one. See someone who needs one? Be one. We know Project Leadership would welcome more mentors; just ask Steve@ProjectLeadership.org.

Additionally, Grant County is home to hundreds of churches and an equal number of non-profit organizations, clubs, and service organizations. Check out our Periodic Table of Grantmaking on pages 28-29 to find some non-profits that we support. The point is, each of these activities and organizations gives you a place to belong, a chance to share your expertise, and the opportunity to help solve a problem…all of which help create a positive narrative. But, how? Deciding if the glass is half full or half empty will all depend on whether you’re drinking or pouring. If you are truly pouring yourself into our community, the glass will always look half full. That’s a proactive choice you can make.

We live in a tight-knit county, so find a neighbor, your tribe, your workmates, or your family, and seize the happiness. Scientists have confirmed that experiences like those listed, things that help you pour into the Grant County glass, will chemically help your brain overcome its negativity bias. Do you realize what that means? It means our negative narrative can potentially be eliminated if we are resilient and intentional about being a part of the solution. That’s the beginning of a positive narrative you should tell everyone you know!
We all have to make a living, right? But, making a living isn’t making a life. Unfortunately, we’ve been taught from a young age that there are two kinds of people: (a) those who live to work and (b) those who work to live. Sadly, neither of these paths lead to true happiness. The Pleasure-Purpose Principle explains why. Dolan writes, “...if you have a lot more pleasure in your life than purpose, then you should spend a bit more time doing something that is purposeful. And equally, if you have a lot more purpose than you have pleasure, then you should spend more time engaging in pleasure. This claim is based on the law of diminishing marginal returns (in our case, happiness)...”

Seems like science and Jefferson were on the same page. In our pursuit of happiness, we can increase our overall quality of life simply by helping others. As a Community Leader (CL), one way the Community Foundation helps others is through our involvement with Thriving Families, Thriving Grant County. This is a grass-roots, collective impact movement that would be an ideal place for you to get connected, volunteer in an area you care about, and help our community thrive. In the first year of implementation, the financial return on investment was a whopping 1038% thanks to the collaborative approach taken to secure both federal and state grants. With your help, year two is bound to see more transformational wins that will change the landscape of Grant County and her people.

Check out the “Thriving Wheel” on page 11 to see what Working Group sparks your interest. Then, contact Cathy Weatherspoon to get involved.

After all, if our forefathers were smart enough to give us the right to the pursuit of happiness, shouldn’t we pursue it? It’s an action-oriented way to show gratitude for the freedoms we enjoy today.
Healthy Habits for Happiness

**Sleep More:**
People who get adequate sleep have a better shot at achieving emotional well-being, according to a 2014 analysis. The happiest people get an average of eight hours of sleep at night; 42% of U.S. adults get less than the recommended minimum of seven hours.

**Exercise:**
Physical activity boosts the actions of endorphins, which may be natural mood enhancers, and not only in the short term. Exercise is increasingly becoming a standard part of treatment for major depression and preventing relapses.

**Get Outside:**
While it’s true that too much sun is a bad thing, getting enough exposure may be important to mental health. Studies have found that sunlight boosts the synthesis of serotonin, a neurotransmitter that helps regulate mood and may help combat depression.

What Determines Happiness?

Although some of your happy genes are inherited, some are entirely up to you.

**Make good choices!**

---

**Eat More Fish:**
Omega-3 fatty acids, found in foods such as cold-water fatty fish, have been linked to a decreased risk of mental disorders. In a review of 26 studies on the topic, researchers found that the people who ate the most fish had a 17% lower risk of depression than those who ate the least.

**Stand Up Straight:**
A 2014 study found that New Zealanders with upright posture reported feeling more enthusiastic, excited, and strong. Their slumping counterparts were more fearful, passive, and sleepy.

**Smile:**
A 2012 study found that smilers enjoyed lower heart rates during stress recovery and a smaller drop in positive emotions during stressful tasks. Research has even shown that artificially reducing the ability to frown (through Botox) may help relieve depression.


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**Become a Happy Activist (HA)**

Happier people are simply healthier, more satisfied with their life and relationships, and more successful in their careers. And, although we like science better than math, this math is really cool: happiness multiplies exponentially when shared. That’s why the Community Foundation is agreeing with Live Happy Magazine and asking you to become a Happiness Activist (HA)!

As a Grant County Happiness Activist (HA), you would pledge to be kind to others through words of encouragement and intentional acts of kindness that would make our county a better place to live, work, play, and pray.

---

### Are you in? We hope so! This is all you have to do.

At a minimum, we’d like you to participate in these 12 Happy Activist (HA) activities listed below. Of course, we’d also love you to make a habit of being a Happy Activist (HA) more and more as the year goes on—and, tell us about your experiences on social media by using the hashtag #HappyActivist.

**Check out the “Healthy Habits for Happiness” on page 13 and be proactive; do it for the health of it!**

---

**DEC**

Make your end-of-year donations to local, Grant County charities. They need your support to do the good work they do for our friends and neighbors.

**JAN**

Baby, it’s cold outside! Treat someone to a cup of coffee at a hip coffee joint.

**FEB**

Show a little love by sending five Valentine’s cards this year.

**MAR**

Celebrate the International Day of Happiness on March 20.

**APR**

Find a way to bring joy to your commute. The Community Foundation is releasing a new Spotify Playlist each month so you can keep that dopamine flowing. Go to givetogrant on Spotify and test out your car acoustics by singing at the top of your lungs.

**MAY**

Buy yourself some bliss (experiences instead of things). A concert will produce more joy than buying another pair of jeans, for example.

**JUN**

Invite someone to lunch, maybe Adult Recess on the Downtown Square in Marion would be a good option on a Wednesday between 11 and 1.

**AUG**

Support a local teacher. Send a card or gift card.

**SEP**

Lots of people need mentors. Sign up to be one or find one for yourself!

**OCT**

Join Kid President and SoulPancake for Socktober and prove that even the smallest acts of love, like donating a pair of socks, can make a big difference in the lives of our neighbors who are in need.
People treat having a kid as somehow retiring from success. Quitting. Have you seen a baby? They’re pretty cute. Loving them is pretty easy. Smiling babies should actually be categorized by the pharmaceutical industry as a powerful antidepressant. Being happy is really the definition of success, isn’t it?”

“You know what it’s like having a fourth kid? Imagine you’re drowning, then someone hands you a baby.”

Paints a vivid picture, doesn’t it? So, no, kids are not the cure to unhappiness. But, what science does tell us is that having children expands the continuum of emotions that you will feel. Why? Because kids are hard-wired to feel the full spectrum of human emotions. So, parents have no choice but to go along for the ride. Ready or not, you have a season pass to ride the emotional roller coaster called ‘Life with Kids’.

Kids or no kids, we at the Happiness Laboratory believe that Dr. Comedy himself, Jim Gaffigan, is right about one thing—that being happy is the definition of success. And since laughter is contagious, we hope you’ll spread some joy by sending the following smilecards—snail mail is so under-rated. After all, $0.50 is a small price to pay to bring a smile to the face of someone you love. And, if they use the smilecard to take a selfie and post it using the hashtag #LaughatHalf, we may even be able to bring back some of the ‘social’ to social media—somebody’s gotta do it!
Place nose here, take a selfie, and post #LaughatHalf.

Created just for you by the Community Foundation Team at the Happiness Laboratory.

Connecting People Who Care with Causes that Matter Since 1984.

505 West Third Street • Marion, Indiana 46952 • 765-662-0065 • SayHello@GiveToGrant.org • www.GiveToGrant.org
Place nose here, take a selfie, and post #LaughatHalf.
Place mouth here, take a selfie, and post #LaughatHalf
While no human can be happy 24/7/365, we can always crack a smile. It can’t hurt. In fact, it might help.

Science says the simple act of smiling slows your heart rate down when you’re stressed out.

**IT’S LIKE A FACIAL CHILL PILL.**

**BUDDY THE ELF** says, “I like smiling! Smiling’s my favorite!” A North Pole Elf can’t be wrong!

**AARON BURR** in Hamilton said, “Talk less, smile more”, and he was half right.

**E.E. CUMMINGS** was great with words and wise enough to pen this: “The most wasted of all days is one without laughter.”

**PHYLIS DILLER** was hilarious, so she knew this to be true. “A smile is a curve that sets everything straight.”

**CHARLIE CHAPLIN** should know... He said, “A day without laughter is wasted.”

**Buddy the Elf** says, “I like smiling! Smiling’s my favorite!” A North Pole Elf can’t be wrong!

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**Phyllis Diller** was hilarious, so she knew this to be true. “A smile is a curve that sets everything straight.”

**CLASSIC FUNNY-MAN** CHARLIE CHAPLIN should know... He said, “A day without laughter is wasted.”

So, I guess what we’re trying to say is... **DID YOU LOL TODAY?**
How do you give locally?

You Planet!

The Happiness Laboratory can help you explore the transforming power of giving. The rewards of living a generous life are priceless and simple. You don’t even need a 1.21 gigawatts flux capacitor!

If you want happiness, you need to give happiness. If you want love, you need to give love. If you want hope, you need to give hope. No matter what your circumstances in life, you have the ability to give something.

That’s why giving is one of the best investments you can make toward achieving genuine, unadulterated happiness.

Generations of abundant givers have found this to be true, across the cosmos and right here in Grant County.

It has been our experience that when we’re focused on giving to others, that we’re less likely to become consumed by our own concerns and challenges. Giving provides an opportunity to look beyond our own world and see the vast universe. That’s probably what Neil Armstrong meant when he said, “That’s one small step for man, one giant leap for mankind.” But even Armstrong needed a rocket and spacesuit to land on the moon. What tools do you need to give to others?

Unrest could grip the galaxy, or a glimmer of hope could be sustained through philanthropy. Generosity can forge a better future if the force is with us. And Grant County will appreciate you to the moon and back, to infinity and beyond forever and ever and ever…

Travel the solar system with us to discover how one of these GIVE NOW opportunities can make you feel out of this world!
GEAR UP and GIVE LATER: BEEP BOOP BEEP BOP

Compute This: Do you know what robots and planned giving have in common? They both play an important role in the future of Grant County! While we won’t know for sure what new-fangled technology will be trending in 2050, we do know that planned gifts will make a significant charitable difference in solving the most profound issues in our community at that time. Choosing one of these GIVE LATER options will allow your generosity to grow while also supporting the causes you care about most ...forever.

Robots are obviously a part of our future, but so is generosity. Planning your giving through one of these futuristic ways will ensure your generosity will continue to perform the specified function of supporting the causes you care about most. Because, your generosity matters; you matter—unless you multiply yourself by the speed of light squared...then you are energy. (Dad joke: science edition. 😊) But, seriously, giving through one of these GIVE LATER options will impact our community for eternity.

More details can be provided on any of these ways to give!

JUST CALL US: 765-662-0065

NAME: L.I.P. 2.0
CENTRAL PROCESSING UNIT (CPU): Life Insurance Policy
TYPE OF ROBOT: Beneficiary Designation

Naming the Foundation as the owner of a new or existing Life Insurance Policy provides a tax-deduction for the annual premiums that you pay. Please keep the Community Foundation top-of-mind, a 5% beneficiary designation will make a big difference to Grant County.

NAME: CRT Autobot
CENTRAL PROCESSING UNIT (CPU): Charitable Remainder Trust
TYPE OF ROBOT: Fixed Income to Beneficiaries

A Charitable Remainder Trust can easily be established, allowing the Community Foundation to pay a variable/fixed income to beneficiaries for life, or up to 20 years; then the Foundation becomes the sole beneficiary.

NAME: BTT Space Ranger
CENTRAL PROCESSING UNIT (CPU): IRAs, 401(k)s, 403(b)s, 457(b)s, Section 408 Plans, Keough Plans, or Pension Plans
ALSO KNOWN AS: Big Tax Targets

These instruments are heavily taxed if passed on to heirs. Naming the Foundation as a beneficiary removes the asset from your estate and reduces income taxes.

NAME: I.WILL
CENTRAL PROCESSING UNIT (CPU): Estate Plan Appendix or Codicil
TYPE OF ROBOT: Gift Bequest Language

Leaving a bequest to the Foundation is one of the easiest gifts to make. An attorney or trusted advisor can help you include language in your will as part of your estate plan and determine items that are best left to your heirs or to charity. Without a will, the state decides who inherits your estate. Use the example below to include the Community Foundation in your will.

SAMPLE GIFT BEQUEST LANGUAGE:
I give and bequeath and devise to The Community Foundation of Grant County, Indiana, Inc., a nonprofit corporation organized under the laws of the State of Indiana and located in Marion, Indiana, ______ percent (_____%) of my estate OR the sum of $__________ OR all my right, title, and interest in the following described property: __________________________ OR all rest, residue, and remainder of my estate to be used for the following purposes: _______________________________________.

LEGAL NAME: The Community Foundation of Grant County, Indiana, Inc.
NON-PROFIT STATUS: The Community Foundation is an IRS nonprofit corporation under the laws of the State of Indiana.
TAX IDENTIFICATION NUMBER: 31-1117791

TAKE ME TO YOUR LAWYER
If you’re not part of the solution, you’re part of the precipitate. That’s a little science humor just to say that our annual grantmaking solves Grant County problems. After all, with a website address of www.GiveToGrant.org, we know our donors want to Give to Grant County. But, we also know, through our Community Impact Fund, the fund from which all of our annual grantmaking is made, that donors Give to Grant as a way to participate in community-based Grantmaking. The Periodic Table of Grantmaking (maybe the first of its kind) shows how the Community Foundation was part of the solution in our last fiscal year. But, just like any scientific experiment, if you change the elements, the overall result varies. To change the results of our Community Foundation grantmaking next year, you can give to funds that support the specific program areas that are most meaningful to you.

### Periodic Table of Grantmaking

**Grants by Program Area for Fiscal Year 2017-18**

<table>
<thead>
<tr>
<th>Program Area</th>
<th>Amount Awarded</th>
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<tbody>
<tr>
<td>Health Grants</td>
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<tr>
<td>Human Services Grant</td>
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<tr>
<td>Community Development Grants</td>
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<tr>
<td>Scholarships</td>
<td>$391,304</td>
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<tr>
<td>Education Grants</td>
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<tr>
<td>Misc. Donor-Advised Grants</td>
<td>$60,550</td>
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<tr>
<td>Total</td>
<td>$1,496,216</td>
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</tbody>
</table>

#### Guide

- **Number of Grants:** The number of grants awarded in each category.
- **Organization:** The organizations receiving the grants.
- **Grantmaking Area:** The specific program areas supported by the grants.

### Program Areas

- **Health Grants**
- **Human Services Grant**
- **Community Development Grants**
- **Scholarships**
- **Education Grants**
- **Misc. Donor-Advised Grants**

### Program Area Details

- **Health Grants**
- **Human Services Grant**
- **Community Development Grants**
- **Scholarships**
- **Education Grants**
- **Misc. Donor-Advised Grants**

### Data Table

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*Note: The table above is a summarized representation of the data presented in the image.*
Endowment is a Catalyst for Growth

The Community Foundation of Grant County, Indiana, Inc.

Consolidated Financial Statement

Financial Position: Combined Balance as of June 30, 2018

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<td><strong>TOTAL ASSETS</strong></td>
<td><strong>$23,291,722</strong></td>
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<thead>
<tr>
<th>LIABILITIES</th>
<th>Amount</th>
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<td>Grants Payable ....................................</td>
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<td>Adm. Expenses Payable ............................</td>
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<td>Annuities Payable .................................</td>
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<table>
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<tr>
<th>FUND BALANCES</th>
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<tr>
<td><strong>ANNUAL/OPERATING</strong></td>
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<td>Ending Balance ....................................</td>
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<td><strong>CAPITAL DEVELOPMENT</strong></td>
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<td>Ending Balance ....................................</td>
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<td><strong>PASS-THROUGH</strong></td>
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<td><strong>ENDOWMENT</strong></td>
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<td>Fiscal Year Beginning Balance ..................</td>
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<td>YTD Changes to Balance ..........................</td>
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<td>Ending Balance ....................................</td>
<td>21,224,154</td>
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<td><strong>TOTAL FUND BALANCES AND LIABILITIES</strong></td>
<td><strong>$23,291,722</strong></td>
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Generosity Specialists at The Happiness Laboratory:

AKA, THE BOARD OF DIRECTORS

Research shows that you can grow to be happier simply by counting your blessings and focusing on the things in life that bring you joy. Below you’ll find a list of our awesome Board of Directors, the true Generosity Specialists of our community. They guide the future direction of the Community Foundation and are servant leaders in their own right. So, we asked them, “What truly makes you happy?” Their answers did not disappoint.

**John Jones**
Former-Chair
Knowing I made something a little better because of my actions.

**Valerie McHarry**
Treasurer
I am truly happy when my life is in harmony and well balanced. Harmony and balance is accomplished when my family is happy and healthy, my household is in good order, things are being accomplished at work, I’m able to have regular workouts, I have time to work at civic activities, I can be with friends and relax – and I need at least one laugh out loud moment each day – that makes me truly happy.

**Georgette Miller**
Chairwoman
What makes me truly happy? There are several, basically it all revolves around making someone else happy: solving their need, helping them succeed, seeing their smile. When I’ve helped someone else, my whole being is engulfed in endorphins that rises up and gives me a fantastic “high”.

**Dan Carey**
Secretary
Family

**Mylon Logan**
Vice-Chair
Several things make me happy, but the top ones are sharing a meal out with our three boys and their families (Japanese Steakhouses are a favorite), taking a motorcycle ride with my wife to an ice cream shop and cheering for the IWU athletic teams.

**Denise Banks**
Being with my grandchildren and receiving hugs and kisses from them makes me feel great!!!!!!

**Dr. McCoy**
Being at home on a cold winter Sunday afternoon, all warm and cozy with my family, watching the Indianapolis Colts win a well-played football game!

**Jackie Certain**
That my four sons, who were raised in this community, have become good husbands and fathers.

**Jeanie Walts**
What truly makes me happy...long walks on the River Walk with Eric and our dog Rory. Sitting around the kitchen table with our kids talking and laughing. Campfires in the back yard with family and friends. A freshly weeded garden with a basket full of produce from my vegetable garden on a hot summer evening!

**Judy Fitzgerald**
People. I love to see the element of surprise or excitement in others, especially children!

**Keith Burke**
What truly makes me happy is to help bring happiness to others. I love to see people smile!

**Kyle Persinger**
Time spent with my family.

**Kyle Speakman**
My wife, my family and friends, and Harry Potter!

**Marty Harker**
Fishing.

**Mary Eckerle**
I’m happy when I know that my family is doing well and my work is progressing in a good way and when I have time to myself to read and re-energize.

**Mike Cline**
Smiles. Smiles make me happy – getting, giving, causing, sharing.

**Sindu Chowattukunnel**
Over the last few years I’ve realized being around my family...my kids, Nivan and Nithia, and my parents, brother, sister, and her family have made me the happiest. I come from a large family. My Mom is from a family of 14 kids. And that get together with all their families is priceless.

**Thomas Gearhart**
The satisfaction gained from doing something good for others with a resulting positive impact.

**Tim Harris**
Other than the obvious, spending time with Dianne and my family which makes me incredibly happy, knowing that I’ve done something to positively impact someone’s life or help someone grow and achieve gets me really excited and happy.

**Tyler Jacobs**
Being with family and seeing them smile and laugh while having a good time makes me happy.
A MESSAGE FROM THE BOARD CHAIR

DEAR FRIENDS, COLLEAGUES, AND DONORS OF THE COMMUNITY FOUNDATION,

Earlier this year, I was asked to do something that scared the wits out of me: chair the Board of Directors for the Community Foundation of Grant County. It scared me because I didn’t want to fail, nor let down people who have put their heart and soul into the Community Foundation. And, I didn’t want to let down the great people who have made the Foundation what it is today by donating over the past 34 years. These people believe in the premise the Foundation stands for—love and compassion of others. Along the way, what I have learned is that the Community Foundation is bigger than one person and bigger than a pool of a few people—it is the collective resources of many people, each giving a little, to bring about massive change for the betterment of the whole.

I have come to realize that being a part of a community doesn’t come easy: it is both an intentional effort and a fantastic journey, and one I would never trade. We have amazing, compassionate, and caring people in Grant County, and they prove it every day with their giving—monetarily and through the greater sacrifice of their time and heart. I would love to meet you and understand your story, your drives, your ambitions, and dreams. What motivates you? My motivation is to help others, to help them grow in their path, and to find their passion to serve.

As I reflect over the past six years serving on the Board of Directors of the Community Foundation, I am drawn to the many blessings that have been bestowed upon me during this time of service. I have met and grown to know so many wonderful people. I have been a part of helping the Foundation and other fantastic organizations in Grant County realize their desires to help others in our community through making grants—and I have seen those results first-hand. I have been a part of helping students, both recent high school graduates and returning adults, realize their dream of going to college and furthering their education. My husband and I have been blessed enough to be donors of the Community Foundation ourselves through the fund we established: The Cochran-Miller Endowment Fund. Our endowment has awarded grants to help students learn about financial literacy, an area in which we have great passion, through the programs of Junior Achievement. We have experienced how the Passion-Purpose Principle works personally and know how fulfilling it is to give to areas that have great meaning.

If you have the means, I encourage you to please consider giving back to our community through a gift to any of the 400+ charitable funds held at the Community Foundation of Grant County. It can be as simple as giving your pocket change, a regular contribution of $25 a month, or establishing your own fund. It is amazing seeing your money, pooled with others’, to do amazing and important things in our community.

May God bless you and your family throughout the coming year as you find your way to give back.

Georgette Miller
Community Foundation of Grant County
Board of Director’s Chairwoman

WILLIBARD REVEALS THE Secret Formula

Don’t know what specific activities to do that are likely to increase your happiness? Take the free Values in Action Survey of Character Strengths at www.viacharacter.org. The entire Foundation Team at the Happiness Laboratory already did, and the results were remarkably on point! Some super smart psychologist developed a quick 15-minute quiz that identifies your strongest qualities. We know he’s super smart because his name is Dr. Willibard Ruch and he’s a professor at the University of Zurich. With a name like Willibard, he was born to do something scientifically incredible—I’m sure his parents knew it, too. In his case, that incredible thing is the Values in Action Survey of Character Strengths! Once your top strengths are revealed, Ruch recommends leveraging your Top 5 signature strengths daily, to both decrease depression and increase happiness. We get it! You don’t have to be a Nobel Prize-winning scientist, a guy named Willibard, or even hale from Zurich to understand that this knowledge helps you grow as a person. Once this knowledge is yours, you’ve hereby discovered your very own secret formula to becoming a happier you. What are you waiting for? Log in, learn about, and find your personalized happiness formula—you’ll soon discover why we believe Willibard rocks!

The Community Foundation Team at the Happiness Laboratory and our Top 5 Signature Strengths

Dawn Brown, President/Chief Executive Officer
Creative, Humor, Judgment, Perspective, Bravery
Dawn@GiveToGrant.org

Sherri Rush, Chief Financial Officer
Honesty, Humor, Judgment, Spirituality, Appreciation of Beauty & Excellence
Sherri@GiveToGrant.org

Shelly Jones, Development Manager
Kindness, Curiosity, Bravery, Honesty, Judgment
Shelly@GiveToGrant.org

Meagan McCracken, Grants Manager
Appreciation of Beauty & Excellence, Humor, Kindness, Love of Learning, Love
Meagan@GiveToGrant.org

Loretta Tappan, Office Coordinator
Curiosity, Fairness, Gratitude, Honesty, Judgment
Loretta@GiveToGrant.org
Our mission delivers happiness by leveraging the Pleasure-Purpose Principle.

**MISSION:** The mission of the Community Foundation of Grant County is to connect people, resources, and causes to promote sustainable impact towards the betterment of Grant County.

Doing things for people you know, closer to home, where you can witness the impact, makes you happier.

**VISION:** The Community Foundation of Grant County serves donors, non-profits, and the community with the intent of building endowments to provide income for local charitable causes now and forever.

Because we run the Happiness Laboratory, we commit to helping you experience happiness through giving.

**COMMITMENT:**
- Develop a permanent endowment for the community.
- Serve donors with various interests and at various levels of giving.
- Assess and respond to emerging and changing community needs.

Culture may eat strategy for breakfast, but a good culture can make you happier—I guess that makes it dessert!

**INDIANA COMMUNITY FOUNDATION CULTURE:**
- A commitment to ethical behavior.
- A welcoming and inclusive environment.
- A spirit of openness and collaboration.
- A desire for continuous learning and innovation.
- An appreciation for geographic boundaries.
- The celebration of success.

Connecting People Who Care with Causes that Matter Since 1984.
765-662-0065 • GiveToGrant.org • SayHello@GiveToGrant.org

Research conducted for this Annual Report was analyzed through *TIME The Science of Happiness: New Discoveries for a More Joyful Life.*